

IVERSON FOUNDATION  
FOR ACTIVE AWARENESS

IN PARTNERSHIP WITH

RESOUNDING JOY

*Welcome First Responder  
Significant Others and Children*

FOR

# MUSIC RESILIENCY: A FAMILY EXPERIENCE

**FIRE SEASON IS UPON US AND WE ARE HERE TO REMIND YOU THAT YOU ARE NOT ALONE.**

**JOIN US FOR THIS COMPLIMENTARY 8 WEEK COURSE IN PERSON OR VIRTUALLY TO BUILD RESILIENCE AND COMMUNITY THROUGH MUSIC, TOGETHER.**

**SATURDAY MORNINGS  
BEGINNING 9/11-10/30**

**9AM - 11AM**

**SORRENTO VALLEY, SAN DIEGO  
AND  
VIRTUALLY FOR ADULTS**

**\* DROP-IN FOR ANY OF THE EIGHT CLASSES WITH  
REGISTRATION. ATTENDANCE FOR ALL NOT  
REQUIRED**



**USE QR CODE FOR REGISTRATION**

**CONTACT ASHLEY AT [ASHLEY@IVERSONFAA.ORG](mailto:ASHLEY@IVERSONFAA.ORG)  
OR RACHEL GANT AT  
[RGANT@RESOUNDINGJOYINC.ORG](mailto:RGANT@RESOUNDINGJOYINC.ORG)  
FOR MORE INFORMATION**



**Making Music for Health and Happiness  
RESOUNDING JOY.**

